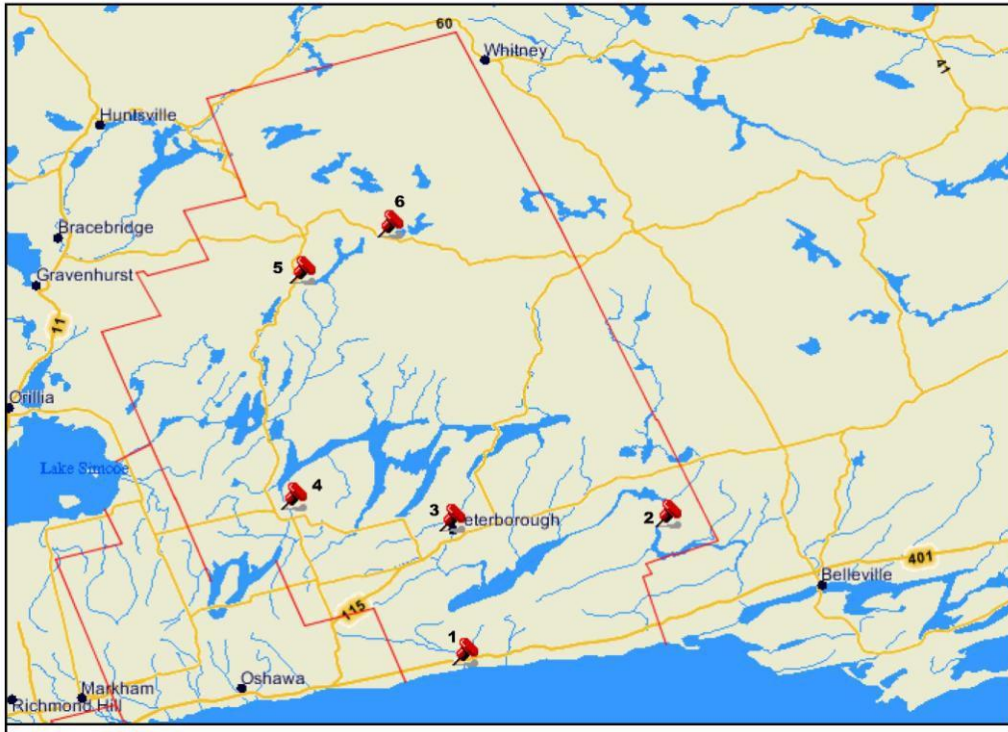


## NORTH EAST DIABETES EDUCATION PROGRAMS



DIABETES EDUCATION PROGRAM	ADDRESS	PHONE
1. Port Hope Community Health Centre	99 Toronto Rd, Port Hope, L1A 3S4	(905) 885-2626
2. Campbellford Memorial Hospital	146 Olivery Rd, Campbellford, K0L 1L0	(705) 653-1140
3. Peterborough Regional Health Centre	1 Hospital Dr, Peterborough, K9J 7C6	(705) 740-8324
4. Ross Memorial Hospital	10 Angeline St N, Lindsay, K9V 4M8	(705) 328-6091
5. Haliburton Highlands Health Services - Minden	6 McPherson St, Box 30, Minden, K0M 2K0	(705) 286-2288
6. Haliburton Highlands Health Services - Haliburton	7199 Gelert Rd, Haliburton, K0M 1S0	(705) 457-1392

*Inquire regarding the availability of diabetes education programs at satellite locations.*

## NORTH EAST COMMUNITY RESOURCES

### Foot Care

**Note: Service Fees May Apply**

#### Bobcaygeon

##### Chiropodist

Beard & Webster Foot Care & Orthotics - Bobcaygeon

Box 1472, 100 East St S, K0M 1A0

(705) 738-3668

**Extended Hours**

#### Bridgenorth

##### Chiropodist

Beard & Webster Foot Care & Orthotics - Bridgenorth

Unit 2-765 Ward Street Chemong Physiotherapy, K0L 1H0 (705) 292-9888

Y

**Extended Hours**

<b>Cobourg</b>			<b>Extended Hours</b>
<b>Chiroprapist</b>			
Cobourg Family Footcare Clinic	271 Spring St, K9A 3K3	(905) 372-1616	Y
Cobourg Orthopaedics & Sports Injury Clinic	304 Division St, K9A 3R3	(905) 372-0100	
<b>Curve Lake</b>			<b>Extended Hours</b>
<b>Chiroprapist</b>			
Beard & Webster Foot Care & Orthotics - Curve Lake First Nation	38 Whetung St E, K0L 1R0	(705) 657-2557	
<b>Haliburton</b>			<b>Extended Hours</b>
<b>Chiroprapist</b>			
Haliburton Highlands Family Health Team	7217 Gelert Rd, PO Box 459, K0M 1S0	(705) 455-9220	
<b>Lakefield</b>			<b>Extended Hours</b>
<b>Chiroprapist</b>			
Beard & Webster Foot Care & Orthotics - Lakefield	150 Strickland St Morton Community Health Care Centre, K0L 2H0	(705) 652-6999	
<b>Lindsay</b>			<b>Extended Hours</b>
<b>Chiroprapist</b>			
Beard & Webster Foot Care & Orthotics - Lindsay	86 Angeline St S Ste 100A, K9V 6C5	(705) 328-3636	
Lindsay Family Footcare & Orthotics	65 Angeline St N, K9V 4R6	(705) 324-6659	
<b>Peterborough</b>			<b>Extended Hours</b>
<b>Chiroprapist</b>			
Ashburnham Foot & Ankle Clinic	53 Hunter St E, K9H 1G4	(705) 741-4064	
Peterborough Family Footcare Clinic	329 Rubidge St, K9H 4C8	(705) 740-8247	
Trent Health in Motion	PSB Wilson Athletic Complex Trent University, K9J 7B8	(705) 741-4758	
<b>Port Hope</b>			<b>Extended Hours</b>
<b>Chiroprapist</b>			
The Sports Injury & Foot Health Centre	125 Toronto Rd, L1A 3S6	(905) 885-0024	Y

## NORTH EAST COMMUNITY RESOURCES

### Physical Activity

#### Free or Nominal Fee for Participation

<b>Cobourg</b>				
Cobourg Community Centre	750 D'Arcy St, K9A 0G1	(905) 372-7371		<a href="http://ccc.cobourg.ca">ccc.cobourg.ca</a>
Cobourg YMCA Branch	339 Elgin St W, K9A 4X5	(905) 372-9247	x305	<a href="http://www.ymcanorthumberland.com">www.ymcanorthumberland.com</a>
<b>Haliburton</b>				
Community Care Haliburton County-Social Recreation	83 Maple Ave, Unit 3, K0M 1S0	(705) 457-2941		<a href="http://www.communitycarehaliburton.com">www.communitycarehaliburton.com</a>
<b>Havelock</b>				
Community Care Havelock	12-B Quebec St,	(705) 775-7831		
<b>Lindsay</b>				
Lindsay Recreation Complex	180 Kent St W, K9V 2Y6	(705) 324-9112	x1159	<a href="http://www.city.kawarthalakes.on.ca/residents/par">www.city.kawarthalakes.on.ca/residents/par</a>
<b>Minden</b>				
Township of Minden Hills	7 Milne St, K0M 2K0	(705) 286-1936	x201	<a href="http://www.mindenhills.ca">www.mindenhills.ca</a>
<b>Peterborough</b>				
Canadian Diabetes Association-Peterborough	294 Rink St, Ste 1, K9J 2K2	(705) 742-9285		
Lansdowne Place	645 Lansdowne St W, K9J 7Y5	(705) 748-2961		<a href="http://www.lansdowneplace.com">www.lansdowneplace.com</a>
Peterborough Sport & Wellness Centre	775 Brealby Dr, K9J 6X4	(705) 742-0050	x2203	<a href="http://www.recreationpeterborough.ca">www.recreationpeterborough.ca</a>
Portage Place Shopping Centre	1154 Chemong Rd, K9H 7J6	(705) 749-0212		
YMCA of Peterborough	123 Aylmer St, K9J 3H8	(705) 748-9622	x230	<a href="http://www.peterboroughymca.org">www.peterboroughymca.org</a>
<b>Port Hope</b>				
Municipality of Port Hope	56 Queen St, L1A 3Z9	(905) 885-7908		<a href="http://www.porthope.ca">www.porthope.ca</a>

