

## SCARBOROUGH DIABETES EDUCATION PROGRAMS



	DIABETES EDUCATION PROGRAM	ADDRESS	PHONE
1.	Scarborough Centre for Healthy Communities	3545 Kingston Road Scarborough, M1M 1R6	(416) 847-4160
2.	† Scarborough Academic Family Health Team	3000 Lawrence Avenue East Scarborough, M1P 2V1	(416) 439-7473
3.	The Scarborough Hospital—General	3050 Lawrence Avenue East Scarborough, M1P 2V5	(416) 438-2911
4.	Rouge Valley Health Systems—Centenary	2867 Ellesmere Road Scarborough, M1E 4B9	(416) 284-8131
5.	TAIBU Community Health Centre	1371 Neilson Road Scarborough, M1B 4Z8	(416) 644-3539
6.	The Scarborough Hospital—Birchmount	3030 Birchmount Road Scarborough, M1W 3W3	(416) 495-2400
7.	Carefirst Family Health Team	3601 Victoria Park Avenue, Suite 309 Scarborough, M1W 3Y3	(416) 502-2323

† **Rostered patients only**

*Inquire regarding the availability of diabetes education programs at satellite locations.*

**Diabetes Regional Coordination Centre****Central East LHIN**

8 Old Kingston Road, 2nd Floor

Ajax, ON L1T 2Z7

drccinfo@charleshbest.com

**SCARBOROUGH COMMUNITY RESOURCES****Foot Care****Note: Service Fees May Apply**

<b>Scarborough</b>				<b>Extended Hours</b>
<b>Chiropodist</b>				
Alternative Link	3410 Sheppard Ave E Ste 404, M1T 3K4	(416) 335-3447		Y
Comfort Stride Foot Clinic	700 Markham Rd Unit 2, M1H 2A7	(416) 430-0730		
Eglinton-Kennedy Foot Clinic	2425 Eglinton Ave E Ste 11, M1K 5G8	(416) 751-8066		Y
Grantown Foot Clinic	37 Grantown Ave, M1C 3R8	(416) 287-0483		Y
Healthy Advantage Foot & Orthotic Clinic	3443 Finch Ave E Ste 209, M1W 2S1	(416) 490-6918		
Lawrence-Warden Foot Clinic	2050A Lawrence Ave E, M1R 2Z5	(416) 824-6068		Y
McCowan Foot Clinic	1711 McCowan Rd Ste 104, M1S 2Y3	(416) 299-1508		
Platinum Medical Clinic Family Health Group	3170 Eglinton Ave E, M1J 2H3	(416) 265-2255		
Randy Moore Foot Care Clinic	160 Bennett Road, M1E 3Y3	(416) 286-9044		Y
Scarborough Injury Rehab Centre	1620 Birchmount Road Unit 1, M1P 2H6	(416) 438-7277		Y
TAIBU Community Health Centre	27 Tapscott Rd, M1B 4Y7	(416) 644-3536		
The Scarborough Hospital - Birchmount Campus	3030 Birchmount Rd, M1W 3W3	(416) 495-2553		
Total Foot Care	1333 Neilson Rd Ste 100, M1B 4Y9	(416) 291-7719		
Viterna Health Centre	1571 Sandhurst Circle Unit 414, M1V 1V2	(416) 293-6388		
<b>Podiatrist</b>				
Dr. Jeffrey Warner	4125 Lawrence Ave E Ste 104, M1E 2S2	(416) 283-2998		
Dr. Paul O'Connell	2100 Ellesmere Road, Ste 206, M1H 3B7	(416) 298-1414		
Edward Chung, DPM	4002 Sheppard Ave E, Ste 202, M1S 4R5	(416) 299-5466		
K. Sherkin Podiatry Professional Corp	407-4040 Finch Ave E, M1S 4V5	(416) 291-9901		
Scarborough Podiatry Clinic	3225 Lawrence Ave E, M1H 3C2	(416) 289-9886		Y

**Physical Activity****Free or Nominal Fee for Participation**

<b>Aurora</b>				
Rouge Park Guided Outings	500 Bloomington Rd W, L4G 0L8	(905) 713-6038		<a href="http://www.rougepark.com/hike">www.rougepark.com/hike</a>
<b>Scarborough</b>				
Active Seniors Centre-The Wexford	1860 Lawrence Ave E, M1R 5B1	(416) 752-8877	x275	<a href="http://www.thewexford.org/activeSeniorsCentre">www.thewexford.org/activeSeniorsCentre</a>
Agincourt Mall	3850 Sheppard Ave E, M1T 3L4	(416) 291-7761	x0	
Bridlewood Mall	2900 Warden Ave, M1W 2S8	(416) 493-3333		
Eglinton Town Centre	1-70 Eglinton Square, M1L 2K1	(416) 757-3762		
Malvern Town Centre	31 Tapscott Rd, M1B 4Y7	(416) 297-4786		
Parkway Mall	85 Ellesmere Rd, M1R 4B8	(416) 445-3104	x300	
Scarborough Centre for Healthy Communities	4130 Lawrence Ave E, M1E 2R8	(416) 283-9822		<a href="http://222.schcontario.ca">222.schcontario.ca</a>
Scarborough Town Centre	300 Borough Dr, M1P 4P5	(416) 296-5490		
Scarborough Village Recreation Centre	3600 Kingston Rd, M1M 1R9	(416) 396-4048		<a href="http://www.toronto.ca/parks/prd/facilities/complex/743/index.htm">http://www.toronto.ca/parks/prd/facilities/complex/743/index.htm</a>
Scarborough YMCA	230 Town Centre Court, M1P 4Y7	(416) 296-9622		<a href="http://www.ymcagta.org">www.ymcagta.org</a>
St Paul's L'Amoreaux Centre	3333 Finch Ave E, M1W 2R9	(416) 493-3333		<a href="http://www.splc.ca">www.splc.ca</a>
Stephen Leacock Recreation Centre	2530 Birchmount Rd, M1T 2M5	(416) 396-4040		<a href="http://www.toronto.ca/parks/prd/facilities/complex/1105/index.htm">http://www.toronto.ca/parks/prd/facilities/complex/1105/index.htm</a>
Variety Village	3701 Danforth Ave, M1N 2G2	(416) 699-7167		<a href="http://www.varietylvillage.on.ca">www.varietylvillage.on.ca</a>
West Scarborough Neighbourhood Community Centre	313 Pharmacy Ave E, M1L 3E7	(416) 755-9215	x226	<a href="http://www.wsccc.org">www.wsccc.org</a>
Yee Hong Centre- Scarborough McNicoll	2311 McNicoll Ave, M1V 5L3	(416) 321-6333	x2638	<a href="http://www.yeehong.com">www.yeehong.com</a>
Yee Hong Centre-Scarborough Finch	60 Scottfield Drive, M1S 5T7	(416) 321-3000	x5610	<a href="http://www.yeehong.com">www.yeehong.com</a>