



FOCUS ON “COMMUNITY FIRST” IS TRANSFORMING SYSTEM Central East LHIN releases 2013-16 Integrated Health Service Plan

NEWS

February 12, 2013

The Central East LHIN today released its third Integrated Health Service Plan (IHSP), setting out a shared goal for the local health care system to help Central East LHIN residents spend more time in their homes and their communities.

This latest IHSP provides the road map for Central East LHIN hospitals, long-term care homes, community health centres, community mental health and addictions agencies, the community care access centre and community support services to follow as they work together to create an integrated community-based health care system that can respond to changing demographics, financial challenges, updated clinical practice and new technology.

Developed with input from local community members and health care providers from across the Central East LHIN region, the IHSP includes four strategic aims that will guide the shared activities of Central East LHIN health care organizations and providers in the coming three years:

- Reduce the demand for long-term care so that seniors spend 320,000 more days at home in their communities by 2016.
- Continue to improve the vascular health of residents so they spend 25,000 more days at home in their communities by 2016.
- Strengthen the system of supports for people with Mental Health and Addictions issues so they spend 15,000 more days at home in their communities by 2016.
- Increase the number of palliative patients who die at home by choice and spend 12,000 more days in their communities by 2016.

As the system manager, the LHIN is continuing to work with health care providers, community leaders, neighbouring LHINs and the provincial government to achieve these aims by identifying new and innovative ways of delivering health care services that best meet the needs of local residents.

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QUOTES

“Doctors, nurses, frontline health care providers and administrators from across the Central East LHIN have worked very hard over the last six years to introduce new programs and services that are making a difference in the lives of local residents. Numerous gains have been achieved such as reduced emergency department wait times, nurse practitioners teams supporting long-term care homes, specialized services for frail seniors, streamlined access to community based support services and mental health services and more,” said Deborah Hammons, CEO, Central East LHIN. “But now is the time to put our energy and resources into keeping people healthy and well in the community in order to prevent the need for people to be hospitalized or move into long-term care.”

“Board members from across the LHIN have developed the same collaborative relationship over the past six years in determining how the system can be better integrated to promote better health, better care and better value for money,” said Wayne Gladstone, Chair, Central East LHIN Board of Directors. “With their support and leadership we can transform the system with focused and disciplined actions so that it remains sustainable for future generations.”

QUICK FACTS

- Each year the Central East LHIN allocates [over \\$2 billion in funding](#) to hospitals, long term care homes and community-based providers in Scarborough, Durham Region, Northumberland County, Peterborough City and County, City of Kawartha Lakes and Haliburton County
- Health service providers and local community residents from across the Central East LHIN [participate](#) in [planning](#) and [integration](#) activities that are focused on improving the health care system
- [Monthly performance reports](#) delivered at the [Central East LHIN’s Open Board Meetings](#) are one way that health care service providers are [accountable](#) for the services they are providing

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LEARN MORE

- To download a copy of the Central East LHIN 2013-2016 “Community First” Integrated Health Service Plan, please click [here](#).
- The IHSP is supported by a “Common Environmental Scan”, which provides an overview of a number of key characteristics of local populations, services, utilization, and health impacts in all 14 Local Health Integration Networks.

Media Contact:

Katie Cronin-Wood

Communications Lead

Central East LHIN

Katie.croninwood@lhins.on.ca

905-427-5497 ext. 218

LHINs are the only organizations in Ontario that bring together health care partners from the following sectors – hospitals, community care, community support services, community mental health and addictions, community health centres and long-term care – to develop innovative, collaborative solutions leading to more timely access to high quality services for the residents of Ontario and Central East LHIN communities. By supporting these important partnerships, LHINs are ensuring that Ontarians have access to an effective and efficient health care system that delivers improved health care results and a better patient experience.

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