

# Community Palliative Care Nurse Practitioner (CPCNP) Program

The CPCNP will provide expert palliative care to patients with complex needs. Patients will be supported to live comfortably at home at the end of their lives, and if wished, to die at home.

## **Key Responsibilities of the Community Palliative Care Nurse Practitioner (CPCNP)**

The Central East CCAC's Community Palliative Care Nurse Practitioner (CPCNP) Program is a dedicated team of Nurse Practitioners providing direct clinical care to patients with complex palliative needs, including pain and symptom management.

Inter-professional care is identified as the gold standard for Hospice Palliative Care (HPC). Working within a network of palliative care providers, the CPCNPs enhance continuity of clinical care across primary care, community supports, acute and specialty care sectors to support patients in living and dying in their place of choice.

The CPCNPs, who have an expanded scope of nursing practice, enhance the quality of palliative care by providing:

- earlier diagnosis of hospice palliative care needs
- direct clinical care in the home to the full scope of practice of the Nurse Practitioner
- pain and symptom management through prescribing and monitoring medication, and other interventions
- support to patients in choice to die at home or in another place of choice
- facilitation of direct admission to the hospital or hospice if it is the patient's choice
- a contribution to reduced hospital admissions and emergency department visits
- facilitation of increased access to hospice palliative care from primary care practitioners
- improved referrals to specialist care.

The CPCNP Program is part of the Ontario governments' 9000 Nurses commitment, a key component of Ontario's health human resources strategy. The 14 CCACs in Ontario are being funded to support a total of 70 NPs across the province by 2013.

## **Philosophy Statement of the Community Palliative Care Nurse Practitioners**

"We believe that your life, your values, your choices matter, and we are committed to helping you live and die well"

## **Important Facts (Canadian Hospice Palliative Care Association)**

- Only 10% of people die suddenly, while the remaining 90% will require assistance and support at some point in their lives.
- Hospice Palliative Care (HPC) is whole-person health care that aims to relieve suffering and improve the quality of living and dying.
- HPC may complement and enhance disease-modifying therapy or may become the total focus of care.
- HPC strives to help patients and their families prepare for and manage their choices for life closure and the dying process, and to cope with loss and grief during the illness and bereavement.

## **To be Eligible:**

### **To receive services, an individual must:**

- Be aware of their palliative diagnosis;
- Be referred by a Central East CCAC Palliative Care Coordinator;
- Be identified to have Hospice Palliative Care needs present or have the potential need for complex pain and symptom management;
- Live within the Central East CCAC's boundaries; and
- Be supported by a Most Responsible Physician.

## Hours of Service

Monday to Friday 8:30am to 4:30pm

Services will be closed on weekends and statutory holidays.

### For urgent situations outside of regular business hours call:

1. Your community agency nurse
2. Your physician
3. Central East CCAC Extended Hours Team

You can also call 9-1-1 or visit the emergency department of your local hospital.

## Central East CCAC Offices

- **Campbellford Branch** - 119 Isabella Street, Unit 7, Campbellford, Ontario K0L 1L0 705-653-1005
- **Haliburton Branch** - PO Box 793, 13321 Hwy 118 , Haliburton, Ontario K0M 1S0 705-457-1600
- **Lindsay Branch** - 370 Kent Street West, Unit 11, Lindsay, Ontario K9V 6G8 705-324-9165
- **Peterborough Branch** - 700 Clonsilla Avenue, Suite 202, Peterborough, Ontario K9J 5Y3 705-743-2212
- **Port Hope Branch** - 151A Rose Glen Road , Port Hope, Ontario L1A 3V6 905-885-6600
- **Scarborough Branch** - 100 Consilium Place, Suite 801, Scarborough, Ontario M1H 3E3 416-750-2444  
Chinese Line 416-701-4806
- **Whitby Branch/Head Office** - 920 Champlain Court, Whitby, Ontario L1N 6K9 905-430-3308

**Toll-free:** 1-800-263-3877

**TTY Line:** 1-877-743-7939

## Centraleasthealthline.ca

Wherever you live in Ontario, to find health care and community-based services, call 310-2222 (CCAC) or 310-2272 (CASC) for service in French, or visit [www.centraleasthealthline.ca](http://www.centraleasthealthline.ca) .



*Outstanding care – every person, every day.*

Central East CCAC

[www.healthcareathome.ca/centraleast](http://www.healthcareathome.ca/centraleast)

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