

Media Release

For Immediate Release



Carea Community Health Centre (CHC) Opens New Site in Pickering Providing Full Clinical and Health Promotion Programs and Services

Pickering:

Carea CHC's newest full-service site is now open in Pickering and will provide a full suite of services and programming for the community, free of charge. An interprofessional team consisting of primary care physicians, nurse practitioners, therapists, a registered dietitian and a variety of health promotion and community development staff are excited to serve the needs of the community. The Carea team will be a valued resource for the many primary care physicians and family health teams in the area that require additional assistance for their clients. Carea CHC will offer collaboration through their expertise in diabetes education, harm reduction, counselling, smoking cessation, Indigenous and Health Promotion programming, senior care services, and more.

Thanks to funding from the Central East Local Health Integration Network (Central East LHIN) in partnership with the Government of Ontario, Carea CHC is able to provide more people in Durham Region with better access to high-quality health care closer to home.

Quotes

"On behalf of the Central East LHIN, I would like to congratulate the Board, Staff and Volunteers of Carea Community Health Centre for your leadership and your perseverance as you worked towards the opening of the Pickering site, and for continuing to support the LHIN as we collectively advance integrated systems of care to help Central East LHIN residents live healthier at home." **Dr. Barry Guppy - Interim Chief Executive Officer, CE LHIN**

"Expanding our footprint to include Pickering is very exciting for us. We will provide high quality and inclusive care that is responsive to the needs of the community as we collaborate with other primary care physicians and health teams."

Francis Garwe, Acting CEO, Carea CHC

"As Carea grows, we continue to move forward with our vision to be the recognized leader in redefining the experience of community-based health and wellness services in Durham Region." **Ijade Maxwell Rodrigues, Chair, Carea CHC Board of Directors**

-30-

Carea CHC is a registered charitable organization providing a variety of free, community programs and services to people of all ages across Oshawa, Whitby, Ajax and Pickering. Services include: health promotion and wellness; primary care, counselling and mental health; diabetes education; Hepatitis C screening, treatment support, education and outreach; geriatric assessment & intervention; young parent support, youth, Indigenous and community development programs. In line with the CHC Model of Health and Wellbeing, their expert team works with all ages to provide holistic care, support, and wraparound services that empower clients to improve their health and wellness. They strive to be accessible to those in the community who face access barriers like culture, gender, geographic isolation, homelessness, language, physical disabilities, poverty and race.

Contact Information:

Paula Carter, Resource Development and Communications Manager
905-723-0036 x 1229 pcarter@careachc.ca

Pickering Site:
1450 Kingston Road, Unit 17

www.careachc.ca
Charitable Registration #119158137 RR0001