



# Aging at Home Strategy – Year 2

Presentation to CE LHIN Board of Directors

January 20, 2009

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# PRESENTATION OUTLINE: Part A

## Year 1 (08/09)

- Provincial Aging at Home (AAH) Strategy
- Summary of AAH Funding for Central East LHIN
- Year 1 Investments Recap
- Success Stories: What a Difference You've Made in My Life!
- Year 1 Re-Investment Recommendations

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# PRESENTATION OUTLINE: Part B

## Year 2 (09/10)

- AAH Year 2 Process and Parameters
- Year 2 Investment Recommendations
- Discussion
- Motions

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# AGING AT HOME STRATEGY IN THE CENTRAL EAST LHIN

## PART A

### Year 1 – Pioneering

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# Aging at Home – Overall Provincial Strategy Summary

- \$702 million investment over three years to provide support to seniors to stay healthy and live with dignity and independence

• <b>First-Year Planning for LHINs</b>	<b>\$3,000,000</b>
• <b>Assistive Devices Program Funding</b>	<b>\$40,000,000</b>
• <b>Provincial Priorities</b>	<b>\$66,000,000</b>
• <b>Allocations to LHINs</b>	<b>\$593,000,000</b>
	<hr/>
	<b>\$702,000,000</b>

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## Overall Provincial Strategy Summary: Year 1

- Services include enhanced home care and community support services like meals, transportation, adult day programs, homemaking services, caregiver supports, and increased access to mobility aids.
- Twenty per cent or more of the Aging at Home funding is earmarked for innovative approaches to service such as culturally sensitive options and community economic development approaches for service delivery that will increase equity and access for marginalized and at risk seniors.
- Emphasis also on supporting non-traditional partnerships and new preventive and wellness services.

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## AAH Funding Summary – Central East LHIN

Fiscal year	2007/08 Planning Funding	Three Year Allocation to Central East LHIN			
		Initial Investment 2008/09	Planned Base Increase 2009/10	Planned Base Increase 2010/11	Total Annual Base Funding
2007- 08	\$288,000				\$0
2008 - 09		\$4,641,877			\$4,641,877
2009 - 10			\$6,893,811		\$11,535,688
2010-11				\$8,838,111	\$20,373,799
Out-years					\$20,373,799

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# YEAR 1: COMMUNITY SUPPORT SERVICES

<p>CHARTERS AND RELATED PROJECTS 4 Charters and related projects \$215,000</p>	<p>EMERGENCY RESPONSE SYSTEMS 1 Initiative – Haliburton \$10,939</p>
<p>HOME AT LAST PROGRAM LHIN wide \$501,642</p>	<p>SENSORY – Hearing and Vision 2 Initiatives \$201,200</p>
<p>TRANSPORTATION Haliburton, Durham, Scarborough \$92,700</p>	<p>COMMUNITY PALLIATIVE CARE 1 Initiative – Scarborough \$250,000 (annualized \$500,000)</p>
<p>MEALS ON WHEELS 6 Initiatives – Haliburton, Durham, Scarborough (\$100,000 one-time) \$199,772</p>	<p>HEALTH PROMOTION/WELLNESS 3 Initiatives – Scarb/Haliburton/Peterborough, \$133,300</p>
<p>DEMENTIA – FIRST LINK LHIN-Wide \$205,000 (annualized @ \$400,000)</p>	<p>CSS Total = \$1,809,544</p>

\* Initiatives highlighted in blue are recommended for continuation on a one-time basis again for 09/10 and/or provided annualized funding for 09/10 that wasn't available to provide in 08/09.

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# YEAR 1: CAREGIVER SUPPORT AND WELLBEING

<b>CHARTERS</b> 1 Charter <b>\$100,000</b>	<b>IN-HOME RESPITE</b> 5 Initiatives – across the LHIN <b>\$299,200</b> (Northumberland \$145,000 one-time)
<b>ADULT DAY PROGRAMS</b> 9 Initiatives – across the LHIN <b>\$561,367</b> (Oshawa SS Centre - \$55,000)	<b>EDUCATION AND TRAINING</b> 1 Initiative – Scarborough <b>\$100,000</b>
	CS Total = \$1,060,567

**\* Initiatives highlighted in blue are recommended for continuation on a one-time basis again for 09/10 and/or provided annualized funding for 09/10 that wasn't available to provide in 08/09.**

# YEAR 1: SUPPORTIVE HOUSING

CHARTER 1 Charter \$100,000	SUPPORTIVE HOUSING 5 Initiatives – across the LHIN \$1,970,492 (Peterborough \$202,190) (Haliburton \$66,000)
	Total S/H = \$2,070,492

**\* Initiatives highlighted in blue are recommended for continuation on a one-time basis again for 09/10 and/or provided annualized funding for 09/10 that wasn't available to provide in 08/09.**

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# AAH Year 1: Re-Investment Recommendations

•	<b>Community Support Services</b>		
	– Scarborough Meals on Wheels	\$100,000	(1x)
	– Scarborough Palliative Care Project	\$250,000	(base)
	– Alzheimer Societies: First Link	\$195,000	(base)
•	<b>Caregiver Supports</b>		
	– Northumberland Caregiver Project	\$145,000	(1x)
	– Oshawa Seniors – Adult Day Program	\$ 55,000	(base)
•	<b>Supportive Housing</b>		
	– Haliburton, Wilberforce site	\$ 66,000	(base)
	– Peterborough	\$202,190	(base)
•	<b>TOTAL</b>	<b>\$1,013,190</b>	

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## AAH Year 1: Summary of Investments in Central East

- Planning \$ 400,000
- Community Support Services \$ 1,474,142
- Caregiver Supports \$ 1,054,475
- Supportive Housing \$ 1,713,260
- **Total** **\$ 4,641,877**
- **Total Base** **\$ 3,706,127**
- **Total One-Time** **\$ 935,750**

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## AAH Year 1: Re-Investment Recommendations (cont'd)

- Available for Re-Investment: \$ 935,750
- Recommended Re-Investment: \$1,013,190
- Difference \$ - 77,440
- Recommendation: Account for difference in Year 2
- Documentation must be completed in January 2009 to ensure these funds are designated and accounted for accordingly.
- As of December 08, several (4) projects were also moved from "pilot" to base.

# GOOD NEWS STORIES!!!

## Supportive Housing, Peterborough (Myrtle Terrace) – Provider Perspective

- “This initiative has been a wonderful collaboration between many local agencies.”
- “Without the support of the Central East LHIN, as well as all the other supports, this initiative would not have been possible”
- “To sum up, there are several adjectives that truly reflect what has happened....**namely communication, partnerships, and collaboration**. This collection of partners has truly impacted the quality of life of the people at Myrtle Terrace.”

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# GOOD NEWS STORIES!!!

## Supportive Housing, Peterborough (Myrtle Terrace) – Resident Perspective

- “Since moving, I have been making positive changes in my life such as learning to cook healthy meals. It’s amazing I’m not sick after eating! I am feeling both physically and mentally better since eating healthier meals, everyone should try it!”
- “Another positive thing that has happened to me since my move is I have re-connected with my old friend Bill I am extremely happy in my apartment, I love everything about it “
- “I encourage everyone to not be afraid of change, but to celebrate it.”

# AGING AT HOME STRATEGY IN THE CENTRAL EAST LHIN

## PART B

### Year 2 – Engineering

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## AAH Funding Summary – Central East LHIN

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Out-years					\$20,373,799

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## Central East LHIN: Year 2 AAH Process

- Call for Year 2 Proposals Issued: *August 5, 2008*
- Priority Areas: *Community Supports*  
*Caregiver Supports*  
*Supportive Housing*  
*Specialized Geriatrics*
- Deadline for Submission: *September 25, 2008*
- Total Number of Proposals Received: *99*
- Proposals: *Logged, receipt notice sent*

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# Central East LHIN: Year 2 AAH Process (cont'd)

## 1. **Community Support Services: 31**

- Emphasis: Improving access to the coordination and scheduling of *transportation* to social and medical appointments

## 2. **Caregiver Support and Well-Being: 25**

- Emphasis: Improving equity across the LHIN related to forms of relief and *support for the caregiver* such as In-Home Respite and Adult Day Programs

## Central East LHIN: Year 2 AAH Process (cont'd)

### 3. **Supportive Housing/Assisted Living: 16**

- Emphasis: *Improving equity* of access to supportive housing throughout Central East (must implement within 2009-2010)

### 4. **Specialized Geriatric Services: 13**

- Emphasis: Exploring models of *Community Comprehensive Geriatric Assessment* (cCGA) that consider a multi-disciplinary approach

### 5. **Other: 14**

- e.g. service requests outside parameters of Call

## AAH Year 2 Proposal Review Process: In the beginning...

- High level review by LHIN Staff for **Overall Alignment** with LHIN Vision, Strategic Directions, Provincial AAH Strategy, CE LHIN Aging at Home priorities
- Formulated a modified **Decision Making Framework**
- Considered **criteria supplied** by CSS, SH, CS, and SGS **project teams**
- French Language Services HSIP review by **FLS Collaborative**
- Considered Year 1 investments, geography, diversity, financials, innovation

*But...along the way, the emphasis changed provincially*

- a) Year 2 AAH funding must now target the reduction of *Alternate Level of Care* (ALC) and *Emergency Department* wait times.
- b) This will be done by funding services that *prevent, divert and/or directly* impact alternate level of care.
- c) The amount of Year 2 AAH funding that is to be directed to each of these three categories will be based on the current *ALC performance* within the LHIN

*Prevent – Divert - Direct*

## Focus on ALC

- **Direct/Immediate Impact** - Client already in ER or ALC patients being moved from acute to transitional care settings
- **Diversion/Medium-term Intervention** - High risk of presenting in ER if supports/services are not provided or maintained
- **Preventative/Long-term** - Low to medium risk of presenting in ER if supports/services are not provided or maintained

# Formula for Directing Year 2 AAH Investments

## Ministry Process

## Central East

1. Determine each LHIN's 07/08  
Quarter 4 Alternate Level of Care days %
2. Compare this to each LHIN's 09/10  
Ministry-LHIN Accountability Agreement  
ALC target
3. If difference is greater than 20%, then  
significant impact on how the LHIN can use  
its Year 2 AAH funding

15.66%

9.46%

\*\*\*65.5%\*\*\*

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# Central East AAH Funding Summary: Year 2

## Categories

## Year 2 Funding

- Community support services and other ALC prevention related services - 15% or approximately \$1,034,000
- Supportive housing and other ALC diversion related services - 35% or approximately \$2,413,000
- Home at Last, GEM, and other initiatives that have a direct impact on ALC - 50% or approximately \$3,447,000
- Non traditional partnerships, innovation, economic development, etc. - Not as prominent this year although 20% innovation remains an expectation

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## AAH Year 2 Proposal Review Process: In the end...

- Categorized proposals by three ALC groupings (Prevention/Diversion/Direct)
- Considered Innovation/Risk
- Recommendations shared internally for input
- Recommendations approved by Senior Team
- Recommendations reviewed by Seamless Care for Seniors Network Steering Committee
- Recommendations presented to Central East LHIN Board

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# ALC PREVENTION RECOMMENDATIONS

## Community Support Services and Caregiver Supports

Geography	Type of Service	Budget
Scarborough	Transportation	\$300,000
Peterborough	Transportation	\$59,940
Northumberland	Transportation	\$84,400
Kawartha Lakes	Transportation	\$105,000
Durham Region	Transportation	\$40,000
Durham Region	Transportation	\$34,970
Scarborough	Palliative Care	\$77,440
Scarborough	Caregiver Supports	\$350,000
Durham Region	Adult Day Program	\$50,000
Durham Region	French Language	\$80,000
<b>Subtotal</b>		<b>\$1,181,750</b>
<b>% of Year 2 Funds</b>		<b>17%</b>

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# ALC DIVERSION RECOMMENDATIONS

## Supportive Housing, Nurse Practitioner Teams, Geriatric Assessment

Geography	Type of Service	Budget	80% of S/H
Northumberland	Supportive Housing	\$350,000	\$280,000
Kawartha Lakes	Supportive Housing	\$606,000	\$484,800
Haliburton	Supportive Housing	\$100,000	\$80,000
North Durham	Supportive Housing	\$350,000	\$280,000
Scarborough	NP Outreach Team	\$300,000	
Durham Region	NP Outreach Team	\$300,000	
<b>Subtotal</b>		<b>\$2,006,000</b>	<b>\$1,124,800</b>
NP Teams			<b>\$600,000</b>
Geriatric Assess.		20%	<b>\$486,200</b>
<b>TOTAL</b>			<b>\$2,211,000</b>
% of Year 2 Funds			32%

Note: A third NP Outreach Team is expected to be funded for the Peterborough/HKPR area through MOHLTC funding.

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# ALC DIRECT RECOMMENDATIONS

## Supportive Housing, GEM, Geriatric Assessment

Geography	Type of Service	Budget	
Various	Supportive Housing	20%	\$281,200
GEM	7 EDs in Central East		\$1,275,000
Scarborough/Durham	Geriatric Assessment	80%	\$1,944,800
<b>Subtotal</b>			<b>\$3,501,000</b>
% of Year 2 Funds			51%

Note: GEM funding must now come from the LHIN as the funding that initiated the program (Emergency Department Support Fund) is no longer available.

# AGING AT HOME STRATEGY IN CENTRAL EAST LHIN

## IN SUMMARY

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# AAH Year 1: Re-Investment Recommendations

•	<b>Community Support Services</b>		
	– Scarborough Meals on Wheels	<b>\$100,000</b>	(1x)
	– Scarborough Palliative Care Project	<b>\$172,560</b>	(base)
	– Alzheimer Societies: First Link	\$195,000	(base)
•	<b>Caregiver Supports</b>		
	– Northumberland Caregiver Project	<b>\$145,000</b>	(1x)
	– Oshawa Seniors – Adult Day Program	\$ 55,000	(base)
•	<b>Supportive Housing</b>		
	– Haliburton, Wilberforce	\$66,000	(base)
	– Peterborough	\$202,190	(base)
•	<b>TOTAL</b>	<b>\$935,750</b>	

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## Year 2 AAH Investment Summary

ALC Category	CE LHIN Priorities	Investment	Proportion ALC
Prevention	Community Support Services Caregiver Supports	\$1,181,750	17%
Diversion	Supportive Housing (80%) NP Outreach Teams Geriatric Assessment (20%)	\$2,211,000	32%
Direct	Supportive Housing (20%) GEM Geriatric Assessment (80%)	\$3,501,000	51%
Total		\$6,893,750	100%
Allocation		\$6,893,811	
Surplus(Deficit)		\$61.00	

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THANK YOU FOR  
YOUR ATTENTION!

Questions?

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## MOTION: YEAR 1 AAH Re-Investments

That the Central East LHIN Board of Directors approves the re-investment of Year 1 Aging at Home funds as recommended and directs staff to complete the necessary processes prior to the end of January 2009.

## MOTION: YEAR 2 AAH Allocations

That the Central East LHIN Board of Directors approves the allocation of Year 2 Aging at Home funds as recommended and further, directs staff to complete the AAH Year 2 Detailed Service Plan for submission to the Ministry of Health and Long-term Care by January 30, 2009.